

**Dr. Gerame Wells** is a board-certified general surgeon who practices in Hopkinsville, KY, serving the region of Western and Central Kentucky and North-Central Tennessee. He received his undergraduate education at Western Kentucky University in 1998. In 2002, he graduated from the University of Louisville School of Medicine. Dr. Wells completed his general surgery training at the University of Louisville School of Medicine, Department of Surgery in 2007.

Since 2010, he has performed over 600 bariatric procedures, and is a member of the American Society of Metabolic and Bariatric Surgery. He is a highly regarded surgeon in general and bariatric surgery by his peers and the patients he serves. For compassionate care and a partner throughout your weight-loss journey, you can count on Dr. Wells and the team at Jennie Stuart Health.

### THE FIRST STEP

Don't let another moment of life slip by. Take the first step that can improve your health. For more information or questions, call our Bariatric Nurse Coordinator at 270-887-0649.



1724 Kenton St., Suite 2B Hopkinsville, KY 42240 270-887-0649



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#### **EXPERIENCE MAKES** *the* **DIFFERENCE**.

JennieStuartHealth.org

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ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 270-887-0101. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 270-887-0101. 注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電 270-887-0101.



# **BARIATRIC SURGERY**



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# TRANSFORMING LIVES WITH LEADING BARIATRIC SURGERY

If you are struggling with obesity, let bariatric weight loss surgery at Jennie Stuart Health help you. Our talented and compassionate team of health care providers have years of weight loss surgery experience.

Why do people come to Jennie Stuart for weight-loss surgery? It's simple; we offer a comprehensive program designed to fit each patient's unique needs along with our unmatched long-term support to help you be successful. There is support for you throughout every step of your journey, from your initial consultation to post-op and beyond.

### IS GASTRIC SLEEVE SURGERY RIGHT FOR ME?

Laparoscopic vertical sleeve gastrectomy (gastric sleeve surgery) is an option for people who cannot lose weight by other means or who suffer from serious health problems related to obesity.

Gastric sleeve surgery reduces the size of the stomach, causing patients to feel full sooner and lowers the production of hunger inducing hormones, leading to significant long-term weight loss and improved health.





Candidates for this procedure are generally between the ages of 18-65, have a body-mass index (BMI) of 40 or greater (defined by the National Institutes of Health as approximately 100 pounds over ideal body weight), or a BMI of 30-40 with at least one condition related to obesity. These conditions include:

- Diabetes
- · Heart and circulation problems, including high blood pressure
- Osteoarthritis
- Obstructive sleep apnea
- Gastroesophageal reflux disease (GERD)

## **OTHER OPTIONS**

Laparoscopic banding is the least invasive of all weight-loss surgeries. It does not involve cutting or re-routing the intestines or stomach, and is accomplished through small incisions and placement of an adjustable device around the top of the stomach. The LAP-BAND restricts the amount of food that your stomach can hold at one time, making you feel full and eat less. Weight loss is more gradual than with other weight-loss surgeries.

While many patients are fearful that they will not be able to eat the food they once enjoyed, this is not the case. You can still eat your favorite foods, but in smaller portions. Our highly skilled team, led by Dr. Gerame Wells, MD, FACS, includes Misty Cook, APRN, a bariatric nurse coordinator and a registered dietitian.

